

Scandinavian Academy
Training Center

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Course: Security & Health and professional safety

Code	City	hotel	Start	End	price	Language - Hours
HS-296SA	Al Baha	Hotel Meeting	2026-12-13	2026-12-17	13950 SR	En - 25

Overview

The Course

Security Officers are professionals who work in a variety of organizations and with diverse groups of people. As such, they require the necessary skills and knowledge to enhance both personal and organizational performance. As quickly as the world and its continents change and develop, so do risks and threats of dealing with people of this world. Organizations can no longer view security departments and employees as lower level functions. In order to ensure staff in these departments function effectively within the realm of the larger organizational objectives, it is essential that security officers have skills to lead their staff and department teams and individual officers have the required skills and expertise to provide an effective response to implementing successful security.

In order to achieve a consistent level of best practice in security, the officer needs to understand the requirements of the industry, their organization and department, their team and their security projects.

This comprehensive seminar is designed to equip delegates with skill, knowledge and ability to perform their duties to international standards and current best practice in security. The course is an opportunity to develop security skills that will enhance any organization or individual officer`s ability to handle conflict situations and security solutions. The course is structured to develop knowledge in technical security areas of roles and functions, risk assessment, legislation, health/safety, incident control and crisis management. This highly interactive and hands-on seminar is designed to empower participants to have an opportunity to learn, understand and practice

techniques that make security work more efficient and effective, therefore creating conditions for productivity.

The Goals

At the end of the seminar, delegates should be able to:

- Identify best practice and effective policy implementation on leading security solutions
- Effectively operate and interact with a security function
- Identify communication strategies to build more productive communications
- Understand the roles of Security Officer
- Know how to effectively diffuse and deal with conflict
- Understand special risk requirements
- Identify the components of an Improvised Explosive device (IED)

The Process

The delegates will be involved in the latest trends in seminar presentations. The classroom presentations are made up of interactive practical exercises, supported by audio visual material and case studies. Delegates will be expected to participate actively in relating the principles of security management to the specific needs for their industry. The final week`s module involves delegates in security case studies and actual issues which exist in their organizations. This practical development of skills will benefit delegates who then can return to work ready for implementation of security measures and plans.

The Benefits

The programme will identify best practices for security roles including the main responsibilities for the security officer, the challenges faced and methods for successfully addressing these issues. Individuals will learn to identify critical success

factors and early warning indicators to effectively combat risks before they impact the organisation. This course has a unique feature, a practical, hands-on module of security case studies and work on an actual security issue in the delegate`s place of work. This feature allows delegates to learn and practice skills in typical work situations.

The Results

Delegates attending this seminar will:

- Gain an improved personal knowledge of threats and risks to their organisation, they will learn skills to combat these threats and put into place standards, plans and strategies which if successfully implemented will increase their professional reputation and improve their ability to deal with serious security issues.
- Gain an understanding of the strong business reasons why organisations should effectively manage and plan to protect their human and physical resources. This will lead to improvements in their organisation`s professional reputation, standard operating procedures and the ability to continue to function effectively and successfully in the face of today`s threats.

The Core Competencies

- Health and safety awareness
- Specialist security knowledge and awareness
- Preparation, planning and risk assessment
- Log keeping, post incident reporting, problem solving and analytical thinking
- Conflict management and techniques for diffusing aggressive situations
- Effective communication and methods for team cooperation

The Programme Content

Day One

Introduction to Security

- Define the key purpose of security
- The main objectives of a security officer
- Qualities of a security officer
- Assignment instructions
- Control rooms
- Confidentiality
- Different types of patrols
- Perimeter security and access control
- Security lighting

Day Two

Threats to Assets

- Understanding loss
- Key point identification
- Key point identification (Case study)
- Risk analysis
- Risk analysis (Case study)
- Security survey (Theory)
- Security survey (Practical)

Day Three

Special Risks

- Understanding terrorism
- Weapons and explosives recognition
- Conditions in place before searching

- Different types of search (Theory)
- Different types of search (Practical)
- Actions on a find
- Evacuation planning
- Threat warning reports

Day Four

Control and Restraint

- Legal considerations
- Impact factors
- Reasonable response options
- Profiled offender behaviour
- Identification of warning signs
- Identification of danger signs
- Striking techniques
- Primary target area
- Secondary target area
- Final target area
- Use of force report writing
- Positional asphyxia

Day Five

Fire Prevention

- The nature of fire (Video)
- Three elements of fire
- Classifications of fire
- Fire extinguishers
- Fire risk assessment

- Fire risk assessment (Practical)

The Scandinavian Academy for Training Center adopts the latest scientific and professional methodologies in training and human resource development, aiming to enhance the efficiency of individuals and organizations. Training programs are delivered through a comprehensive approach that includes:

- Theoretical lectures supported by PowerPoint presentations and visual materials (videos and short films).
- Scientific evaluation of participants before and after the program to measure progress and knowledge acquisition.
- Brainstorming sessions and practical role-playing to simulate real-life scenarios.
- Case studies tailored to align with the training content and participants work nature.
- Assessment tests conducted at the end of the program to evaluate the achievement of training objectives.

Each participant receives the training material (both theoretical and practical) in printed form and saved on a CD or flash drive. Detailed reports, including attendance records, final results, and overall program evaluations, are also provided.

Training materials are prepared professionally by a team of experts and specialists in various fields. At the end of the program, participants are awarded a professional attendance certificate, signed and accredited by the Scandinavian Academy for Training Center.

Program Timings: 9:00 AM to 2:00 PM

The program includes:

- A daily buffet provided during the sessions to ensure participants comfort.
- A closing ceremony on the final day to distribute certificates and celebrate participants achievements.
- **Note: All prices are exclusive of 15% Value Added Tax (VAT).**

Our Success Partners

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