

Scandinavian Academy
Training Center

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Riyadh - Al Khaleej District - Sheikh Abdul Aziz Bin Abdul Rahman Bin Bishr Street - 13223 - Office No. 5 | P.O.BOX : 13224

Course: Level 4 Award in Health & Safety in the Workplace

Code	City	hotel	Start	End	price	Language - Hours
HS-191SA	Alula	Hotel Meeting	2026-12-13	2026-12-17	13950 SR	En - 25

The Course

Health and safety technology and procedures are very important aspects of health and safety management. However, on their own, these will not provide a continuous improvement in health and safety performance. It is necessary to have personnel with a sound understanding of the areas that can give rise to losses. The course covers all the basic areas of Safety in the Workplace such as Safety Management, Safety Culture, Workplace Equipment, Hazardous agents and Legislation.

Delegates attending the course will learn about:

- Safety Legislation
- Safety Management systems
- Safety Culture
- Hazardous agents
- Workplace equipment Hazards

The Goals

- Be able to advise on aspects of the management of health and safety in the workplace
- Determine health and safety training requirements
- Identify areas where specific legal requirements apply
- Determine good health and safety practice
- Identify areas for improvement through a risk assessment approach

The Benefits

Delegates attending the course will gain:

- An Internationally recognized certificate
- Confidence in dealing with Safety issues
- Knowledge on Safety Management systems
- Understand the factors that influence Safety Culture
- Be able to minimise risk from the use of machinery

The Results

The company that sends personnel to this seminar will gain because:

- The employees will gain competence in Safety
- The qualification will satisfy the legislation
- Accidents will be reduced
- Positive action by trained personnel will increase efficiency
- The delegates will be able to deliver Level 1 &2 CIEH Safety Training

The Core Competencies

- Health and Safety Management Systems
- Safety Legislation
- Health and Safety Culture
- Work Equipment Hazards and Control
- Hazardous Agents control

The Programme Content

Legislation

- Introduction
- Duties and Responsibilities
- Safety Law in the UK and EU
- The role & powers of enforcing agencies
- Consequences of non compliance with the law
- Question time

Health and Safety Management

- Elements of a Safety Management system
- Health and Safety Policy
- Health and Safety Policy
- Safe Systems of Work
- Inspections and Audits
- Question time

Safety Management and Culture

- Accidents and Incidents
- What is Safety Culture?
- Developing a positive Safety Culture
- Communication
- Safety Committees
- Question time

Workplace and Work Equipment

- Welfare arrangements
- First Aid
- Minimising hazards of work equipment
- Electrical Safety
- Emergency arrangements
- Question time

Hazardous Agents

- Occupational Health
- Chemical hazards control
- Physical Hazards – Noise, Vibration, Radiation, Manual Handling
- Psychological hazards – Stress
- Question time
- Course Evaluation and Summary

The Scandinavian Academy for Training Center adopts the latest scientific and professional methodologies in training and human resource development, aiming to enhance the efficiency of individuals and organizations. Training programs are delivered through a comprehensive approach that includes:

- Theoretical lectures supported by PowerPoint presentations and visual materials (videos and short films).
- Scientific evaluation of participants before and after the program to measure progress and knowledge acquisition.
- Brainstorming sessions and practical role-playing to simulate real-life scenarios.
- Case studies tailored to align with the training content and participants work nature.
- Assessment tests conducted at the end of the program to evaluate the achievement of training objectives.

Each participant receives the training material (both theoretical and practical) in printed form and saved on a CD or flash drive. Detailed reports, including attendance records, final results, and overall program evaluations, are also provided.

Training materials are prepared professionally by a team of experts and specialists in various fields. At the end of the program, participants are awarded a professional attendance certificate, signed and accredited by the Scandinavian Academy for Training Center.

Program Timings: 9:00 AM to 2:00 PM

The program includes:

- A daily buffet provided during the sessions to ensure participants comfort.
- A closing ceremony on the final day to distribute certificates and celebrate participants achievements.
- **Note: All prices are exclusive of 15% Value Added Tax (VAT).**

Our Success Partners

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